

## SEVA ACTIVITIES

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### Blood Donations

The Sathya Sai Centre of Edmonton has also joined the Canadian Blood Services' Partners for Life program. The program is designed for community organizations such as ours so that we can make an invaluable contribution by sharing our health and vitality with others. We shall work with Canadian Blood Services to make a set number of blood donations per year. These donations differ from financial ones because they directly help patients being treated for cancer, during surgery, or after serious accidents. Our Centre can have a direct and positive impact on those in need. **We look forward to devotees donating blood to save lives.** Please contact the Seva Coordinator for details.

Our Centre is also partnering with WIN HOUSE ( Women in Need) so that we can help donate women's and children's clothing, household items, children's toys, etc. to a very needy cause. WIN house provides housing to mothers and children who have escaped abusive relationships at home.

A local woman, Ginette Wainwright has started an Edmonton Branch of a non-profit organization for children in second stage housing. Second stage housing provides further protection and assistance when needed for mothers who have already stayed their maximum time in a safe house provided by Win House, which is generally about three weeks. These children who have a birthday while living in second stage housing get an opportunity to celebrate. She is looking for donations in the form of toys, gift wrap, cards, and good quality personal items. Her organization website id is: birthday- buddies.ca

**Krish Rajoo**  
Seva Coordinator

### CLEANING HOUSE 2008

Unknown from internet

*Yesterday I threw out Worrying. It was getting old and in the way.*

*It kept me from being me; I couldn't do things Baba's way.*

*I threw out a book on MY PAST (didn't have time to read it anyway).*

*Replaced it with NEW GOALS, started reading it today.*

*I threw out hate and bad memories. (Remember how I treasured them so)?*

*Got me a NEW PHILOSOPHY too; threw out the old one from long ago.*

*Brought in some new books too, called I CAN, I WILL, AND I MUST. Threw out I MIGHT, I THINK and I OUGHT. WOW, you should've seen the dust.*

*I ran across an OLD FRIEND. Haven't seen him in a while.*

*I believe his name is SAI BABA. Yes I really like His style.*

*He helped me to do some cleaning and added some things Himself. Like PRAYER, HOPE AND FAITH, Yes I placed them right on the shelf.*

*I picked up this special thing and placed it at the front door.*

*I FOUND IT- its called PEACE. Nothing gets me down anymore.*

*Yes, I've got my house looking nice.*

*Looks good around the place.*

*For things like Worry and Trouble there just isn't any space.*

*Its good to do a little house cleaning, get rid of the things on the shelf.*

*It sure makes things brighter; maybe you should TRY IT YOURSELF.*