

**Nine Point Code of Conduct:**

*Bhagawan Sri Sathya Sai Baba has given us the 9 Point Code of Conduct for our spiritual and personal development.*

- 1. Daily meditation and prayer (according to one's own religious practice).*
- 2. Devotional singing / prayer with members of the family once a week.*
- 3. Participation in Sai Spiritual Education (Bal Vikas Program) by children of the family.*
- 4. Participation in community service and other programs of the Organization.*
- 5. Attendance at least once a month in group devotional singing organized by the Sai Centre.*
- 6. Regular study of Sai literature and literature of all the great religions and saints.*
- 7. Speaking softly and lovingly with everyone.*
- 8. Not indulging in talking ill of others, especially in their absence.*
- 9. Putting into practice the principle of 'Ceiling on Desires' and striving continuously to eliminate the tendency to waste time, money, food and energy – and utilizing any savings thereby generated for the service of mankind.*